



Wound Care Advice – General

Most wounds generally take about one week to heal.

While healing is taking place we recommend that you protect the area with a clean, dry dressing.

Keep your dressing dry unless otherwise advised by the nurse.

Cover your wound with a plastic bag or gladwrap when showering.

Please return to have your dressing changed if it becomes wet or soiled.

If you experience any signs of infection – increase in pain, swelling, redness, smelly or thick discharge of the wound please return to have us check your wound.